

DR ROSS GREENE THE EXPLOSIVE CHILD

****UNDERSTANDING DR ROSS GREENE THE EXPLOSIVE CHILD: A COMPASSIONATE APPROACH TO CHALLENGING BEHAVIOR****

DR ROSS GREENE THE EXPLOSIVE CHILD IS A PHRASE THAT HAS GAINED SIGNIFICANT ATTENTION AMONG PARENTS, EDUCATORS, AND MENTAL HEALTH PROFESSIONALS ALIKE. IT REFERS TO THE GROUNDBREAKING WORK OF DR. ROSS GREENE, A CLINICAL CHILD PSYCHOLOGIST, AND HIS INFLUENTIAL BOOK ***THE EXPLOSIVE CHILD***. THIS BOOK AND THE PHILOSOPHY BEHIND IT HAVE TRANSFORMED HOW WE UNDERSTAND AND MANAGE CHILDREN WHO EXHIBIT INTENSE, CHALLENGING BEHAVIORS—OFTEN LABELED AS “EXPLOSIVE” DUE TO THEIR SUDDEN EMOTIONAL OUTBURSTS.

IF YOU’VE EVER STRUGGLED TO SUPPORT A CHILD WHO SEEMS PRONE TO FREQUENT TANTRUMS, MELTDOWNS, OR AGGRESSIVE BEHAVIORS, DR. GREENE’S APPROACH OFFERS A REFRESHING AND EFFECTIVE ALTERNATIVE TO TRADITIONAL DISCIPLINE METHODS. IT FOCUSES ON UNDERSTANDING THE UNDERLYING CAUSES OF SUCH BEHAVIOR RATHER THAN SIMPLY TRYING TO CONTROL OR PUNISH IT.

WHO IS DR. ROSS GREENE AND WHAT DOES “THE EXPLOSIVE CHILD” MEAN?

DR. ROSS GREENE IS A CLINICAL PSYCHOLOGIST WITH DECADES OF EXPERIENCE WORKING WITH CHILDREN WHO STRUGGLE WITH EMOTIONAL REGULATION AND BEHAVIORAL CHALLENGES. HIS BOOK, ***THE EXPLOSIVE CHILD***, FIRST PUBLISHED IN THE LATE 1990S, INTRODUCED A NEW PARADIGM FOR HELPING CHILDREN WHO OFTEN SEEM “OUT OF CONTROL.” RATHER THAN VIEWING THESE KIDS AS WILLFULLY DEFIANT OR MANIPULATIVE, GREENE SUGGESTS THAT THEIR CHALLENGING BEHAVIOR IS A RESULT OF LAGGING SKILLS—PARTICULARLY IN FLEXIBILITY, FRUSTRATION TOLERANCE, AND PROBLEM-SOLVING.

THE TERM “EXPLOSIVE CHILD” DOESN’T REFER TO A DIAGNOSIS BUT RATHER DESCRIBES CHILDREN WHO FREQUENTLY HAVE INTENSE OUTBURSTS THAT CAN SEEM DISPROPORTIONATE TO THE SITUATION. THESE CHILDREN OFTEN STRUGGLE WITH SELF-REGULATION AND FIND IT DIFFICULT TO MEET EXPECTATIONS THAT OTHERS FIND MANAGEABLE.

THE CORE PHILOSOPHY BEHIND DR. ROSS GREENE THE EXPLOSIVE CHILD

AT THE HEART OF DR. ROSS GREENE’S WORK IS THE IDEA THAT “KIDS DO WELL IF THEY CAN.” THIS SIMPLE YET PROFOUND STATEMENT CHALLENGES THE ASSUMPTION THAT CHILDREN WHO ACT OUT ARE SIMPLY CHOOSING TO MISBEHAVE. INSTEAD, GREENE ARGUES THAT IF A CHILD HAD THE SKILLS TO BEHAVE DIFFERENTLY, THEY WOULD.

UNDERSTANDING LAGGING SKILLS

ONE OF THE KEY INSIGHTS FROM GREENE’S APPROACH IS IDENTIFYING THE SPECIFIC SKILLS A CHILD LACKS THAT CONTRIBUTE TO THEIR EXPLOSIVE BEHAVIOR. THESE LAGGING SKILLS OFTEN INCLUDE:

- FLEXIBILITY AND ADAPTABILITY WHEN THINGS DON’T GO AS EXPECTED
- FRUSTRATION TOLERANCE DURING STRESSFUL OR CHALLENGING SITUATIONS
- PROBLEM-SOLVING ABILITIES TO NAVIGATE SOCIAL AND ACADEMIC DEMANDS

RECOGNIZING THESE GAPS HELPS CAREGIVERS FOCUS ON TEACHING THE CHILD THESE SKILLS RATHER THAN PUNISHING THE OUTBURSTS.

COLLABORATIVE PROBLEM SOLVING (CPS) METHOD

DR. GREENE DEVELOPED THE COLLABORATIVE PROBLEM SOLVING (CPS) APPROACH AS A PRACTICAL WAY TO WORK WITH EXPLOSIVE CHILDREN. INSTEAD OF IMPOSING RULES OR CONSEQUENCES, CPS ENCOURAGES ADULTS TO ENGAGE THE CHILD IN

IDENTIFYING PROBLEMS AND BRAINSTORMING SOLUTIONS TOGETHER.

THE CPS METHOD INVOLVES THREE MAIN STEPS:

1. ****EMPATHY STEP:**** UNDERSTANDING THE CHILD'S CONCERNS AND FEELINGS RELATED TO THE CHALLENGING SITUATION.
2. ****DEFINE THE PROBLEM STEP:**** CLEARLY STATING THE ADULT'S CONCERNS WITHOUT BLAME OR JUDGMENT.
3. ****INVITATION STEP:**** COLLABORATIVELY BRAINSTORMING SOLUTIONS THAT ADDRESS BOTH THE CHILD'S AND ADULT'S CONCERNS.

THIS METHOD FOSTERS COOPERATION, RESPECT, AND EMPOWERMENT, REDUCING THE FREQUENCY AND INTENSITY OF EXPLOSIVE OUTBURSTS OVER TIME.

WHY TRADITIONAL DISCIPLINE OFTEN FAILS WITH EXPLOSIVE CHILDREN

MANY PARENTS AND TEACHERS FIND THAT TYPICAL DISCIPLINARY TACTICS—SUCH AS TIME-OUTS, REWARDS, PUNISHMENTS, OR STRICT CONSEQUENCES—DO NOT WORK WELL WITH EXPLOSIVE CHILDREN. IN FACT, THESE STRATEGIES CAN SOMETIMES MAKE THINGS WORSE.

THE PITFALLS OF PUNISHMENT AND CONTROL

PUNITIVE MEASURES OFTEN ASSUME THE CHILD IS CHOOSING TO BEHAVE BADLY, WHICH LEADS TO POWER STRUGGLES AND INCREASED RESISTANCE. FOR CHILDREN WHO LACK THE SKILLS TO HANDLE FRUSTRATION OR FLEXIBILITY, PUNISHMENT DOESN'T TEACH THEM HOW TO IMPROVE THEIR BEHAVIOR; IT ONLY INCREASES THEIR STRESS AND FEELINGS OF FAILURE.

MOREOVER, CONTROLLING APPROACHES CAN DAMAGE THE TRUST AND CONNECTION BETWEEN ADULTS AND CHILDREN, WHICH ARE ESSENTIAL FOR EMOTIONAL GROWTH AND REGULATION.

BUILDING SKILLS VS. DEMANDING COMPLIANCE

DR. ROSS GREENE'S APPROACH EMPHASIZES SKILL-BUILDING OVER COMPLIANCE. INSTEAD OF DEMANDING THAT A CHILD FOLLOW RULES THEY FIND CONFUSING OR IMPOSSIBLE, ADULTS WORK ALONGSIDE THE CHILD TO DEVELOP THE VERY SKILLS NEEDED TO SUCCEED. THIS SHIFT IN PERSPECTIVE CAN TRANSFORM RELATIONSHIPS AND LEAD TO MORE LASTING POSITIVE BEHAVIORAL CHANGES.

APPLYING DR. ROSS GREENE THE EXPLOSIVE CHILD PRINCIPLES AT HOME AND SCHOOL

THE PRINCIPLES OUTLINED IN **THE EXPLOSIVE CHILD** ARE HIGHLY PRACTICAL AND CAN BE ADAPTED ACROSS VARIOUS SETTINGS, FROM PARENTING AT HOME TO TEACHING IN CLASSROOMS.

CREATING A SUPPORTIVE ENVIRONMENT

CHILDREN WITH EXPLOSIVE TENDENCIES BENEFIT FROM ENVIRONMENTS WHERE THEY FEEL SAFE, UNDERSTOOD, AND RESPECTED. THIS MEANS:

- LISTENING ACTIVELY AND VALIDATING THEIR FEELINGS
- AVOIDING LABELS OR NEGATIVE JUDGMENTS

- BEING PATIENT AND CALM DURING OUTBURSTS
- OFFERING CONSISTENT ROUTINES TO REDUCE ANXIETY

USING COLLABORATIVE PROBLEM SOLVING IN EVERYDAY SITUATIONS

BY INVOLVING CHILDREN IN PROBLEM-SOLVING, CAREGIVERS CAN:

- HELP CHILDREN FEEL HEARD AND VALUED
- ENCOURAGE CRITICAL THINKING AND FLEXIBILITY
- REDUCE CONFLICTS BY ADDRESSING ROOT CAUSES RATHER THAN SYMPTOMS

FOR EXAMPLE, IF A CHILD RESISTS HOMEWORK TIME, INSTEAD OF ISSUING ULTIMATUMS, A PARENT MIGHT SAY, “I NOTICE YOU’RE UPSET ABOUT HOMEWORK. CAN YOU TELL ME WHAT’S MAKING IT HARD? LET’S SEE IF WE CAN FIGURE OUT A WAY TO MAKE IT EASIER FOR YOU.”

WORKING WITH EDUCATORS AND PROFESSIONALS

SHARING DR. ROSS GREENE’S APPROACH WITH TEACHERS, COUNSELORS, AND THERAPISTS CAN CREATE CONSISTENT STRATEGIES ACROSS ENVIRONMENTS. MANY SCHOOLS NOW INCORPORATE CPS TECHNIQUES TO SUPPORT STUDENTS WITH BEHAVIORAL CHALLENGES, LEADING TO IMPROVED ENGAGEMENT AND REDUCED DISCIPLINARY INCIDENTS.

THE LASTING IMPACT OF DR. ROSS GREENE THE EXPLOSIVE CHILD APPROACH

THE INFLUENCE OF DR. GREENE’S WORK EXTENDS FAR BEYOND JUST MANAGING DIFFICULT BEHAVIORS. IT PROMOTES EMPATHY, UNDERSTANDING, AND COLLABORATION AS FOUNDATIONAL TOOLS IN CHILD DEVELOPMENT.

PARENTS AND PROFESSIONALS WHO ADOPT THIS MINDSET OFTEN REPORT:

- STRONGER RELATIONSHIPS WITH CHILDREN
- DECREASED FREQUENCY AND INTENSITY OF MELTDOWNS
- CHILDREN GAINING CONFIDENCE AND IMPROVED SELF-REGULATION SKILLS
- A MORE POSITIVE AND LESS STRESSFUL HOME OR CLASSROOM ATMOSPHERE

BY VIEWING EXPLOSIVE BEHAVIOR THROUGH THE LENS OF SKILL DEFICITS RATHER THAN WILLFUL DEFIANCE, CAREGIVERS CAN UNLOCK NEW PATHWAYS FOR GROWTH AND HEALING.

FOR ANYONE WHO HAS FELT OVERWHELMED BY A CHILD’S EXPLOSIVE OUTBURSTS, DISCOVERING DR. ROSS GREENE THE EXPLOSIVE CHILD PHILOSOPHY CAN BE A GAME-CHANGER. IT OFFERS HOPE AND PRACTICAL SOLUTIONS ROOTED IN RESPECT, COMPASSION, AND COLLABORATION—HELPING CHILDREN BUILD THE SKILLS THEY NEED TO THRIVE AND HELPING ADULTS RECONNECT AND SUPPORT THEM IN MEANINGFUL WAYS.

FREQUENTLY ASKED QUESTIONS

WHO IS DR. ROSS GREENE AND WHAT IS HIS APPROACH IN ‘THE EXPLOSIVE CHILD’?

DR. ROSS GREENE IS A CLINICAL CHILD PSYCHOLOGIST KNOWN FOR HIS COLLABORATIVE PROBLEM-SOLVING APPROACH, WHICH EMPHASIZES UNDERSTANDING AND ADDRESSING THE UNDERLYING CAUSES OF CHALLENGING BEHAVIOR RATHER THAN USING TRADITIONAL DISCIPLINE METHODS.

WHAT IS THE MAIN PREMISE OF 'THE EXPLOSIVE CHILD' BY DR. ROSS GREENE?

THE MAIN PREMISE IS THAT CHILDREN WHO EXHIBIT EXPLOSIVE BEHAVIOR ARE LACKING CERTAIN SKILLS, SUCH AS FLEXIBILITY, FRUSTRATION TOLERANCE, AND PROBLEM-SOLVING, AND THAT ADULTS SHOULD HELP THEM DEVELOP THESE SKILLS THROUGH EMPATHY AND COLLABORATION.

HOW DOES DR. ROSS GREENE DIFFERENTIATE 'THE EXPLOSIVE CHILD' FROM TYPICAL DEFIANT BEHAVIOR?

DR. GREENE EXPLAINS THAT EXPLOSIVE BEHAVIOR STEMS FROM LAGGING COGNITIVE SKILLS RATHER THAN WILLFUL DEFIANCE, MEANING THESE CHILDREN ARE NOT INTENTIONALLY MISBEHAVING BUT STRUGGLING TO COPE WITH DEMANDS THEY CANNOT MEET.

WHAT IS THE COLLABORATIVE & PROACTIVE SOLUTIONS (CPS) MODEL INTRODUCED IN 'THE EXPLOSIVE CHILD'?

THE CPS MODEL IS A METHOD WHERE ADULTS WORK TOGETHER WITH CHILDREN TO IDENTIFY PROBLEMS AND FIND MUTUALLY SATISFACTORY SOLUTIONS, FOCUSING ON UNDERSTANDING THE CHILD'S CONCERNS AND HELPING THEM DEVELOP NECESSARY SKILLS.

HOW CAN PARENTS IMPLEMENT DR. GREENE'S STRATEGIES FROM 'THE EXPLOSIVE CHILD' AT HOME?

PARENTS CAN IMPLEMENT HIS STRATEGIES BY LISTENING CAREFULLY TO THEIR CHILD'S CONCERNS, IDENTIFYING UNSOLVED PROBLEMS THAT TRIGGER OUTBURSTS, AND COLLABORATIVELY BRAINSTORMING SOLUTIONS RATHER THAN IMPOSING PUNISHMENT.

WHAT ROLE DOES EMPATHY PLAY IN DR. ROSS GREENE'S APPROACH IN 'THE EXPLOSIVE CHILD'?

EMPATHY IS CRUCIAL AS IT HELPS ADULTS UNDERSTAND THE CHILD'S PERSPECTIVE AND FEELINGS, WHICH FOSTERS TRUST AND COOPERATION, REDUCING THE LIKELIHOOD OF EXPLOSIVE EPISODES.

DOES 'THE EXPLOSIVE CHILD' SUGGEST PUNISHMENT AS AN EFFECTIVE WAY TO MANAGE EXPLOSIVE BEHAVIOR?

NO, DR. GREENE ARGUES THAT PUNISHMENT IS INEFFECTIVE AND CAN WORSEN BEHAVIOR BECAUSE IT DOES NOT ADDRESS THE UNDERLYING SKILL DEFICITS CAUSING THE EXPLOSIVE OUTBURSTS.

CAN THE PRINCIPLES OF 'THE EXPLOSIVE CHILD' BE APPLIED IN SCHOOLS?

YES, MANY EDUCATORS USE GREENE'S CPS MODEL TO MANAGE CHALLENGING BEHAVIOR IN CLASSROOMS BY COLLABORATING WITH STUDENTS TO RESOLVE CONFLICTS AND SUPPORT SKILL DEVELOPMENT.

WHAT ARE COMMON SKILLS THAT CHILDREN DESCRIBED AS 'EXPLOSIVE' MAY BE LACKING ACCORDING TO DR. GREENE?

COMMON LAGGING SKILLS INCLUDE EXECUTIVE FUNCTIONING, EMOTIONAL REGULATION, FLEXIBILITY, FRUSTRATION TOLERANCE, AND PROBLEM-SOLVING ABILITIES.

HAS DR. ROSS GREENE UPDATED OR EXPANDED ON THE IDEAS PRESENTED IN 'THE

EXPLOSIVE CHILD'?

YES, DR. GREENE HAS EXPANDED HIS WORK THROUGH ADDITIONAL BOOKS LIKE 'LOST AT SCHOOL' AND ONGOING RESEARCH, CONTINUING TO PROMOTE THE CPS MODEL AND EMPHASIZING COMPASSIONATE, SKILL-BUILDING APPROACHES TO CHALLENGING BEHAVIOR.

ADDITIONAL RESOURCES

DR. ROSS GREENE THE EXPLOSIVE CHILD: A GROUNDBREAKING APPROACH TO CHALLENGING BEHAVIOR

DR ROSS GREENE THE EXPLOSIVE CHILD HAS BECOME A PIVOTAL PHRASE IN THE REALM OF CHILD PSYCHOLOGY AND BEHAVIORAL INTERVENTIONS. DR. ROSS GREENE, A CLINICAL CHILD PSYCHOLOGIST, INTRODUCED A TRANSFORMATIVE FRAMEWORK TO UNDERSTAND AND MANAGE CHILDREN WHO DISPLAY INTENSE, OFTEN UNPREDICTABLE OUTBURSTS, COMMONLY REFERRED TO AS "EXPLOSIVE" BEHAVIOR. HIS SEMINAL BOOK, *THE EXPLOSIVE CHILD*, PUBLISHED IN 1998 AND CONTINUALLY UPDATED, HAS RESHAPED THE WAY EDUCATORS, THERAPISTS, AND PARENTS APPROACH CHILDREN WHO STRUGGLE WITH EMOTIONAL REGULATION AND BEHAVIORAL CHALLENGES.

THIS ARTICLE EXPLORES DR. ROSS GREENE'S MODEL, ITS CORE PRINCIPLES, AND ITS PRACTICAL APPLICATIONS, DELVING INTO WHY *THE EXPLOSIVE CHILD* REMAINS INFLUENTIAL IN BOTH CLINICAL AND EDUCATIONAL SETTINGS. BY EXAMINING THE CENTRAL TENETS OF HIS APPROACH AND COMPARING THEM WITH TRADITIONAL METHODS, THIS ANALYSIS SHEDS LIGHT ON THE EFFECTIVENESS AND POTENTIAL LIMITATIONS OF GREENE'S WORK.

UNDERSTANDING DR. ROSS GREENE'S CONCEPT OF THE EXPLOSIVE CHILD

DR. ROSS GREENE CONCEPTUALIZES THE "EXPLOSIVE CHILD" AS A CHILD WHO EXHIBITS FREQUENT, INTENSE EMOTIONAL OUTBURSTS DUE TO LAGGING SKILLS IN AREAS SUCH AS FLEXIBILITY, FRUSTRATION TOLERANCE, AND PROBLEM-SOLVING. UNLIKE MODELS THAT ATTRIBUTE SUCH BEHAVIOR PURELY TO DEFIANCE OR INTENTIONAL MISBEHAVIOR, GREENE'S APPROACH IS FOUNDED ON THE PREMISE THAT THESE CHILDREN DO NOT ACT OUT ON PURPOSE BUT RATHER BECAUSE THEY LACK THE NECESSARY SKILLS TO COPE WITH CERTAIN DEMANDS OR SITUATIONS.

THIS SHIFT FROM LABELING CHILDREN AS "BAD" OR "DISOBEDIENT" TO UNDERSTANDING THEIR BEHAVIOR AS A MANIFESTATION OF LAGGING COGNITIVE AND EMOTIONAL SKILLS IS A CORNERSTONE OF GREENE'S PHILOSOPHY. IT CHALLENGES TRADITIONAL DISCIPLINARY APPROACHES THAT RELY HEAVILY ON PUNISHMENT OR REWARD SYSTEMS, WHICH OFTEN FAIL TO ADDRESS THE ROOT CAUSES OF THE EXPLOSIVE BEHAVIOR AND MAY EXACERBATE THE CHILD'S DISTRESS.

THE COLLABORATIVE & PROACTIVE SOLUTIONS (CPS) MODEL

AT THE HEART OF DR. ROSS GREENE'S METHODOLOGY IS THE COLLABORATIVE & PROACTIVE SOLUTIONS (CPS) MODEL, A NON-PUNITIVE, SKILL-BUILDING APPROACH DESIGNED TO ENGAGE CHILDREN IN RESOLVING THE PROBLEMS THAT TRIGGER THEIR OUTBURSTS. CPS EMPHASIZES COLLABORATION BETWEEN ADULTS AND CHILDREN TO IDENTIFY SPECIFIC UNSOLVED PROBLEMS AND WORK TOGETHER TO FIND MUTUALLY SATISFACTORY SOLUTIONS.

THE CPS MODEL RESTS ON THREE KEY COMPONENTS:

- **EMPATHY:** UNDERSTANDING THE CHILD'S PERSPECTIVE AND THE SPECIFIC CHALLENGES THEY FACE.
- **DEFINE THE PROBLEM:** CLEARLY IDENTIFYING THE UNSOLVED PROBLEMS THAT LEAD TO CHALLENGING BEHAVIOR.
- **INVITATION TO SOLVE:** COLLABORATIVELY BRAINSTORMING AND IMPLEMENTING REALISTIC SOLUTIONS.

THIS FRAMEWORK MOVES AWAY FROM THE TRADITIONAL “TOP-DOWN” DISCIPLINE APPROACH AND INSTEAD FOSTERS A RESPECTFUL, PROBLEM-SOLVING RELATIONSHIP. IT IS DESIGNED TO HELP CHILDREN DEVELOP CRITICAL SKILLS SUCH AS FLEXIBILITY, FRUSTRATION TOLERANCE, AND PROBLEM-SOLVING, WHICH IN TURN REDUCES THE FREQUENCY AND INTENSITY OF EXPLOSIVE EPISODES.

COMPARING TRADITIONAL APPROACHES WITH GREENE’S PHILOSOPHY

TRADITIONAL BEHAVIORAL INTERVENTIONS OFTEN EMPHASIZE COMPLIANCE, USING REWARDS AND PUNISHMENTS TO SHAPE BEHAVIOR. WHILE THESE STRATEGIES MAY YIELD SHORT-TERM COMPLIANCE, THEY FREQUENTLY FAIL TO CREATE LASTING BEHAVIORAL CHANGE OR IMPROVE UNDERLYING SKILL DEFICITS. MOREOVER, PUNITIVE MEASURES CAN DAMAGE THE CHILD-ADULT RELATIONSHIP, POTENTIALLY INCREASING OPPOSITIONAL BEHAVIOR.

IN CONTRAST, DR. ROSS GREENE’S APPROACH ACKNOWLEDGES THAT EXPLOSIVE OUTBURSTS ARE SYMPTOMS OF LAGGING SKILLS RATHER THAN WILLFUL DEFIANCE. HIS MODEL ADVOCATES FOR ADDRESSING THESE SKILL DEFICITS THROUGH COLLABORATIVE PROBLEM-SOLVING RATHER THAN COERCION. RESEARCH HAS SUGGESTED THAT CPS CAN REDUCE DISCIPLINARY REFERRALS AND IMPROVE OVERALL CHILD BEHAVIOR, PARTICULARLY IN CHILDREN WITH CONDITIONS SUCH AS ADHD, OPPOSITIONAL DEFIANT DISORDER (ODD), AND AUTISM SPECTRUM DISORDERS.

EFFECTIVENESS AND EVIDENCE BASE

SINCE ITS INTRODUCTION, THE CPS MODEL HAS BEEN SUBJECTED TO VARIOUS EMPIRICAL STUDIES. FOR EXAMPLE, A 2010 STUDY PUBLISHED IN THE *JOURNAL OF EMOTIONAL AND BEHAVIORAL DISORDERS* FOUND THAT CHILDREN WHO RECEIVED CPS-BASED INTERVENTIONS SHOWED SIGNIFICANT REDUCTIONS IN AGGRESSIVE AND OPPOSITIONAL BEHAVIORS COMPARED TO CONTROL GROUPS RECEIVING STANDARD BEHAVIORAL TREATMENTS. FURTHERMORE, CPS HAS BEEN PRAISED FOR ITS ADAPTABILITY ACROSS DIFFERENT SETTINGS — FROM CLASSROOMS TO CLINICAL ENVIRONMENTS — MAKING IT A VERSATILE TOOL FOR EDUCATORS AND MENTAL HEALTH PROFESSIONALS.

HOWEVER, CPS IS NOT WITHOUT ITS CHALLENGES. IMPLEMENTATION REQUIRES ADULTS TO INVEST TIME AND EFFORT IN LEARNING COLLABORATIVE COMMUNICATION SKILLS, WHICH MAY NOT BE FEASIBLE IN ALL HIGH-STRESS OR RESOURCE-LIMITED ENVIRONMENTS. ADDITIONALLY, SOME CRITICS NOTE THAT CPS MAY BE LESS EFFECTIVE IN CASES WHERE CHILDREN HAVE SEVERE COGNITIVE IMPAIRMENTS OR WHEN CAREGIVERS STRUGGLE WITH CONSISTENCY.

KEY FEATURES AND BENEFITS OF DR. ROSS GREENE’S APPROACH

THE APPEAL OF GREENE’S WORK LIES IN ITS EMPATHETIC AND SKILL-BUILDING ORIENTATION. SOME NOTABLE FEATURES INCLUDE:

- **FOCUS ON SKILL DEFICITS:** TARGETS THE UNDERLYING COGNITIVE AND EMOTIONAL CHALLENGES RATHER THAN SURFACE BEHAVIORS.
- **COLLABORATIVE PROBLEM-SOLVING:** ENCOURAGES JOINT ADULT-CHILD PARTICIPATION, FOSTERING RESPECT AND MUTUAL UNDERSTANDING.
- **REDUCTION OF POWER STRUGGLES:** BY INVOLVING CHILDREN IN DECISIONS, THE MODEL DIMINISHES ADVERSARIAL DYNAMICS COMMON IN TRADITIONAL DISCIPLINE.
- **LONG-TERM BEHAVIORAL IMPROVEMENT:** BUILDS ESSENTIAL LIFE SKILLS THAT HELP CHILDREN MANAGE FUTURE CHALLENGES MORE EFFECTIVELY.

PARENTS AND EDUCATORS WHO HAVE IMPLEMENTED CPS REPORT IMPROVEMENTS NOT ONLY IN CHILD BEHAVIOR BUT ALSO IN THE OVERALL QUALITY OF RELATIONSHIPS. CHILDREN FEEL HEARD AND EMPOWERED, WHICH CAN TRANSLATE INTO GREATER SELF-

ESTEEM AND REDUCED ANXIETY OVER TIME.

LIMITATIONS AND CONSIDERATIONS

WHILE THE CPS MODEL OFFERS A FRESH PERSPECTIVE, IT IS IMPORTANT TO CONSIDER PRACTICAL LIMITATIONS:

1. **TIME-INTENSIVE:** COLLABORATIVE PROBLEM-SOLVING CAN BE TIME-CONSUMING, ESPECIALLY WHEN DEALING WITH MULTIPLE CHALLENGING BEHAVIORS.
2. **REQUIRES ADULT TRAINING:** SUCCESSFUL APPLICATION DEPENDS ON ADULTS' ABILITY TO ENGAGE EMPATHETICALLY AND MAINTAIN CONSISTENCY.
3. **NOT A ONE-SIZE-FITS-ALL:** SOME CHILDREN WITH SEVERE BEHAVIORAL OR DEVELOPMENTAL DISORDERS MAY NEED COMPLEMENTARY INTERVENTIONS.

UNDERSTANDING THESE CONSIDERATIONS IS CRUCIAL FOR PROFESSIONALS AIMING TO INTEGRATE DR. ROSS GREENE'S STRATEGIES INTO INDIVIDUALIZED TREATMENT PLANS.

DR. ROSS GREENE THE EXPLOSIVE CHILD IN PRACTICE: REAL-WORLD APPLICATIONS

EDUCATIONAL INSTITUTIONS HAVE BEEN ONE OF THE PRIMARY ADOPTERS OF GREENE'S WORK, ESPECIALLY IN SPECIAL EDUCATION AND BEHAVIORAL SUPPORT PROGRAMS. TEACHERS TRAINED IN CPS REPORT FEWER CLASSROOM DISRUPTIONS AND MORE POSITIVE INTERACTIONS WITH STUDENTS WHO WERE PREVIOUSLY LABELED AS "DIFFICULT." ADDITIONALLY, MENTAL HEALTH PRACTITIONERS INCORPORATE CPS INTO THERAPEUTIC SETTINGS TO COMPLEMENT TRADITIONAL COGNITIVE-BEHAVIORAL THERAPY.

PARENTING WORKSHOPS BASED ON *THE EXPLOSIVE CHILD* ALSO EMPOWER CAREGIVERS WITH TOOLS TO NAVIGATE CHALLENGING BEHAVIORS WITHOUT ESCALATING CONFLICTS. BY SHIFTING THE FOCUS FROM PUNISHMENT TO UNDERSTANDING, PARENTS CAN FOSTER A NURTURING ENVIRONMENT THAT PROMOTES EMOTIONAL GROWTH.

IN RECENT YEARS, DIGITAL PLATFORMS AND ONLINE COURSES HAVE EXPANDED ACCESS TO GREENE'S METHODOLOGY, MAKING IT MORE ACCESSIBLE TO A BROADER AUDIENCE. THIS DEMOCRATIZATION OF KNOWLEDGE IS SIGNIFICANT IN PROMOTING WIDESPREAD ADOPTION AND UNDERSTANDING OF EXPLOSIVE BEHAVIOR AS A SKILL DEFICIT RATHER THAN A MORAL FAILING.

THE LEGACY OF DR. ROSS GREENE AND *THE EXPLOSIVE CHILD* CONTINUES TO INFLUENCE HOW SOCIETY VIEWS AND RESPONDS TO CHILDREN WITH EMOTIONAL AND BEHAVIORAL CHALLENGES. ITS EMPHASIS ON EMPATHY, COLLABORATION, AND SKILL DEVELOPMENT OFFERS A HOPEFUL ALTERNATIVE TO TRADITIONAL DISCIPLINARY MODELS, ENCOURAGING A MORE COMPASSIONATE AND EFFECTIVE APPROACH TO MANAGING EXPLOSIVE BEHAVIOR.

[Dr Ross Greene The Explosive Child](#)

dr ross greene the explosive child: *The Explosive Child* Ross W. Greene, 2005 Children who suffer intense temper outbursts, extreme noncompliance, and verbal and physical aggression are not seen as wilfully disobedient by Dr Greene. Rather, he provides a compassionate, practical approach for parents.

dr ross greene the explosive child: [Summary of The Explosive Child](#) Abbey Beathan,

2019-06-10 The Explosive Child: A New Approach for Understanding and Parenting Easily Frustrated, Chronically Inflexible Children by Ross W. Greene PhD Book Summary Abbey Beathan (Disclaimer: This is NOT the original book.) Learn how to deal with chronically inflexible children with the best approach possible. For children who respond to regular problems with extreme frustration which manifests in crying, screaming, biting, hitting, and worse. Those kids are not impossible kids, they can be soothed but you need to know the real reason why they behave that way. If you are thinking that it's because they are trying to seek attention or get what they want, you're wrong. In this book, you'll find the correct answer and learn how to use that knowledge in order to approach your explosive children. (Note: This summary is wholly written and published by Abbey Beathan. It is not affiliated with the original author in any way) Behaviorally challenging kids are challenging because they're lacking the skills to not be challenging. - Ross W. Greene Dr. Ross Greene has treated thousands of explosive children and knows very well the true reason behind their behaviour. It's not because kids are seeking attention and it's not because their parents are pushovers. What he discovered is that explosive children are lacking of crucial skills that are able to regulate frustration. Because they are completely different from other children, they also need a different approach. Luckily, Dr Greene will reveal it to you in this book. Dr. Ross Greene provides a new mentality for parents in order for them to understand their explosive child and properly communicate with him. P.S. The Explosive Child is an extremely sincere book that will open your eyes to the inner world of explosive children and give helpless parents hope again. P.P.S. It was Albert Einstein who famously said that once you stop learning, you start dying. It was Bill Gates who said that he would want the ability to read faster if he could only have one superpower in this world. Abbey Beathan's mission is to bring across amazing golden nuggets in amazing books through our summaries. Our vision is to make reading non-fiction fun, dynamic and captivating. Ready To Be A Part Of Our Vision & Mission? Scroll Up Now and Click on the Buy now with 1-Click Button to Get Your Copy. Why Abbey Beathan's Summaries? How Can Abbey Beathan Serve You? Amazing Refresher if you've read the original book before Priceless Checklist in case you missed out any crucial lessons/details Perfect Choice if you're interested in the original book but never read it before Disclaimer Once Again: This book is meant for a great companionship of the original book or to simply get the gist of the original book. One of the greatest and most powerful gift in life is the gift of knowledge. The way of success is the way of continuous pursuit of knowledge - Abbey Beathan

dr ross greene the explosive child: The Explosive Child Updated and Revised Edition

Ross W. Greene, 2021-08-17 A groundbreaking approach to understanding and parenting children who frequently exhibit severe fits of temper and other intractable behaviors, from a distinguished clinician and pioneer in this field. What's an explosive child? A child who responds to routine problems with extreme frustration--crying, screaming, swearing, kicking, hitting, biting, spitting, destroying property, and worse. A child whose frequent, severe outbursts leave his or her parents feeling frustrated, scared, worried, and desperate for help. Most of these parents have tried everything--reasoning, explaining, punishing, sticker charts, therapy, medication--but to no avail. They can't figure out why their child acts the way he or she does; they wonder why the strategies that work for other kids don't work for theirs; and they don't know what to do instead. Dr. Ross Greene, a distinguished clinician and pioneer in the treatment of kids with social, emotional, and behavioral challenges, has worked with thousands of explosive children, and he has good news: these kids aren't attention-seeking, manipulative, or unmotivated, and their parents aren't passive, permissive pushovers. Rather, explosive kids are lacking some crucial skills in the domains of flexibility/adaptability, frustration tolerance, and problem solving, and they require a different approach to parenting. Throughout this compassionate, insightful, and practical book, Dr. Greene provides a new conceptual framework for understanding their difficulties, based on research in the neurosciences. He explains why traditional parenting and treatment often don't work with these children, and he describes what to do instead. Instead of relying on rewarding and punishing, Dr. Greene's Collaborative Problem Solving model promotes working with explosive children to solve the problems that precipitate explosive episodes, and teaching these kids the skills they lack.

dr ross greene the explosive child: *The Explosive Child* Ross W. Greene, PhD, 2009-10-13 The groundbreaking "New Approach for Understanding and Parenting Easily Frustrated, Chronically Inflexible Children," *The Explosive Child* by Ross W. Greene, Ph.D., has been updated and revised to include the latest research. Dr. Greene is Associate Clinical Professor in the Department of Psychiatry, Harvard Medical School and the originator of the Collaborative Problem Solving approach to the treatment and study of children with social, emotional, and behavioral challenges. With *The Explosive Child* he offers an indispensable helping hand to parents who may feel overwhelmed by having to deal with children whose reactions to everyday stimuli may be far more extreme than normal.

dr ross greene the explosive child: *Summary of Dr. Ross W. Greene's The Explosive Child* Everest Media, 2022-03-01T21:00:00Z Please note: This is a companion version & not the original book. Sample Book Insights: #1 When it came to breakfast, Jennifer would often scream that her brother could not have the waffles, even if he asked for them. She would become physically aggressive towards her mother if her mother tried to give her brother something else. #2 Jennifer's parents have had to deal with her extreme volatility and inflexibility for years, as it constantly drains their energy and attention. They have sought help from numerous mental health professionals, but none have been able to help them understand why Jennifer acts the way she does or when her outbursts are likely to occur. #3 I used to think of myself as a kind, patient, and sympathetic person. But Jennifer has caused me to act in ways in which I never thought myself capable. I'm emotionally spent. I can't keep living like this. #4 The first realization that parents need to make is that there is something different about the Jennifers of the world. They need us to understand and accept this, and then they can receive the help they need.

dr ross greene the explosive child: *Summary: the Explosive Child* Abbey Beathan, 2018-07-17 *The Explosive Child: A New Approach for Understanding and Parenting Easily Frustrated, Chronically Inflexible Children* by Ross W. Greene PhD | Book Summary | Abbey Beathan (Disclaimer: This is NOT the original book. If you're looking for the original book, search this link: <http://amzn.to/2Gyfc1G>) Learn how to deal with chronically inflexible children with the best approach possible. For children who respond to regular problems with extreme frustration which manifests in crying, screaming, biting, hitting, and worse. Those kids are not impossible kids, they can be soothed but you need to know the real reason why they behave that way. If you are thinking that it's because they are trying to seek attention or get what they want, you're wrong. In this book, you'll find the correct answer and learn how to use that knowledge in order to approach your explosive children. (Note: This summary is wholly written and published by Abbey Beathan. It is not affiliated with the original author in any way) Behaviorally challenging kids are challenging because they're lacking the skills to not be challenging. - Ross W. Greene Dr. Ross Greene has treated thousands of explosive children and knows very well the true reason behind their behaviour. It's not because kids are seeking attention and it's not because their parents are pushovers. What he discovered is that explosive children are lacking of crucial skills that are able to regulate frustration. Because they are completely different from other children, they also need a different approach. Luckily, Dr Greene will reveal it to you in this book. Dr. Ross Greene provides a new mentality for parents in order for them to understand their explosive child and properly communicate with him. P.S. *The Explosive Child* is an extremely sincere book that will open your eyes to the inner world of explosive children and give helpless parents hope again. P.P.S. It was Albert Einstein who famously said that once you stop learning, you start dying. It was Bill Gates who said that he would want the ability to read faster if he could only have one superpower in this world. Abbey Beathan's mission is to bring across amazing golden nuggets in amazing books through our summaries. Our vision is to make reading non-fiction fun, dynamic and captivating. Ready To Be A Part Of Our Vision & Mission? Scroll Up Now and Click on the Buy now with 1-Click Button to Get Your Copy. Why Abbey Beathan's Summaries? How Can Abbey Beathan Serve You? Amazing Refresher if you've read the original book before Priceless Checklist in case you missed out any crucial lessons/details Perfect Choice if you're interested in the original book but never read it before FREE 2 Page Printable Summary BONUS for

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dr ross greene the explosive child: The Explosive Child, Anak yang Meledak-ledak Ross W. Greene, Ph.D, 2024-10-09 Kini dalam edisi ke-6 yang telah direvisi dan diperbarui, hadir pendekatan inovatif berbasis penelitian dari seorang dokter terkemuka yang pionir dalam bidangnya, untuk memahami dan mengasuh anak-anak yang sering kali menunjukkan sifat mudah marah dan perilaku menantang lainnya. Anak yang meledak-ledak merespons masalah rutin dengan rasa frustrasi yang ekstrem—menangis, menjerit, mengumpat, menendang, memukul, menggigit, meludah, merusak barang-barang, dan lainnya. Anak-anak ini sering mengalami ledakan emosi yang membuat orangtua merasa frustrasi, takut, khawatir, dan sangat membutuhkan bantuan. Sebagian besar orangtua ini telah mencoba semua hal—menalar, menjelaskan, menghukum, memberi ganjaran, terapi, pengobatan—tetapi tidak berhasil. Mereka tidak mengerti mengapa anak mereka bertindak seperti itu; mereka bertanya-tanya mengapa strategi yang berhasil untuk anak-anak lain tidak berhasil untuk anak-anak ini; dan mereka tidak tahu harus berbuat apa. Dr. Ross Greene, seorang dokter terkemuka dan pionir dalam pengobatan anak-anak dengan tantangan sosial, emosional, dan perilaku, telah bekerja dengan ribuan anak yang meledak-ledak, dan dia punya kabar baik: anak-anak ini tidak mencari perhatian, manipulatif, atau tidak termotivasi, dan orangtua mereka bukanlah orang yang pasif dan permisif. Sebaliknya, anak yang meledak-ledak ini ternyata kurang memiliki beberapa keterampilan penting dalam bidang fleksibilitas/kemampuan beradaptasi, toleransi terhadap rasa frustrasi, dan pemecahan masalah, dan mereka memerlukan pendekatan yang berbeda dalam pengasuhan anak. Melalui buku yang penuh wawasan dan praktis ini, Dr. Greene memberikan kerangka konseptual baru untuk memahami kesulitan mereka, berdasarkan penelitian di bidang ilmu saraf. Dia menjelaskan mengapa pola asuh dan pengobatan tradisional sering kali tidak berhasil pada anak-anak ini, dan dia menjelaskan apa yang harus dilakukan. Daripada mengandalkan ganjaran dan hukuman, model Pemecahan Masalah Kolaboratif Dr. Greene mempromosikan bekerja dengan anak-anak yang meledak-ledak untuk memecahkan masalah yang memicu episode ledakan, dan mengajari anak-anak ini keterampilan yang kurang mereka miliki.

dr ross greene the explosive child: Treating Explosive Kids Ross W. Greene, J. Stuart Ablon, 2005-10-18 The first comprehensive presentation for clinicians of the groundbreaking approach popularized in Ross Greene's acclaimed parenting guide, *The Explosive Child*, this book provides a detailed framework for effective, individualized intervention with highly oppositional children and their families. Many vivid examples and Q&A sections show how to identify the specific cognitive factors that contribute to explosive and noncompliant behavior, remediate these factors, and teach children and their adult caregivers how to solve problems collaboratively. The book also describes challenges that may arise in implementing the model and provides clear and practical solutions. Two special chapters focus on intervention in schools and in therapeutic/restrictive facilities.

dr ross greene the explosive child: Lost and Found Ross W. Greene, 2016-03-28 Implement a more constructive approach to difficult students *Lost and Found* is a follow-up to Dr. Ross Greene's landmark works, *The Explosive Child* and *Lost at School*, providing educators with highly practical, explicit guidance on implementing his Collaborative & Proactive Solutions (CPS) Problem Solving model with behaviorally-challenging students. While the first two books described Dr. Greene's positive, constructive approach and described implementation on a macro level, this useful guide provides the details of hands-on CPS implementation by those who interact with these children every day. Readers will learn how to incorporate students' input in understanding the factors making it difficult for them to meet expectations and in generating mutually satisfactory solutions. Specific strategies, sample dialogues, and time-tested advice help educators implement these techniques immediately. The groundbreaking CPS approach has been a revelation for parents and educators of behaviorally-challenging children. This book gives educators the concrete guidance they need to

immediately begin working more effectively with these students. Implement CPS one-on-one or with an entire class Work collaboratively with students to solve problems Study sample dialogues of CPS in action Change the way difficult students are treated The discipline systems used in K-12 schools are obsolete, and aren't working for the kids to whom they're most often applied – those with behavioral challenges. Lost and Found provides a roadmap to a different paradigm, helping educators radically transform the way they go about helping their most challenging students.

dr ross greene the explosive child: *Lost at School* Ross W. Greene, 2008-10-21 From a distinguished clinician, pioneer in working with behaviorally challenging kids, and author of the acclaimed *The Explosive Child* comes a groundbreaking approach for understanding and helping these kids and transforming school discipline. Frequent visits to the principal's office. Detentions. Suspensions. Expulsions. These are the established tools of school discipline for kids who don't abide by school rules, have a hard time getting along with other kids, don't seem to respect authority, don't seem interested in learning, and are disrupting the learning of their classmates. But there's a big problem with these strategies: They are ineffective for most of the students to whom they are applied. It's time for a change in course. Here, Dr. Ross W. Greene presents an enlightened, clear-cut, and practical alternative. Relying on research from the neurosciences, Dr. Greene offers a new conceptual framework for understanding the difficulties of kids with behavioral challenges and explains why traditional discipline isn't effective at addressing these difficulties. Emphasizing the revolutionarily simple and positive notion that kids do well if they can, he persuasively argues that kids with behavioral challenges are not attention-seeking, manipulative, limit-testing, coercive, or unmotivated, but that they lack the skills to behave adaptively. And when adults recognize the true factors underlying difficult behavior and teach kids the skills in increments they can handle, the results are astounding: The kids overcome their obstacles; the frustration of teachers, parents, and classmates diminishes; and the well-being and learning of all students are enhanced. In *Lost at School*, Dr. Greene describes how his road-tested, evidence-based approach -- called Collaborative Problem Solving -- can help challenging kids at school. His lively, compelling narrative includes: • tools to identify the triggers and lagging skills underlying challenging behavior. • explicit guidance on how to radically improve interactions with challenging kids -- along with many examples showing how it's done. • dialogues, Q & A's, and the story, which runs through the book, of one child and his teachers, parents, and school. • practical guidance for successful planning and collaboration among teachers, parents, administrations, and kids. Backed by years of experience and research, and written with a powerful sense of hope and achievable change, *Lost at School* gives teachers and parents the realistic strategies and information to impact the classroom experience of every challenging kid.

dr ross greene the explosive child: *Raising Human Beings* Ross W. Greene, 2017-08-15 Here a renowned child psychologist explains how to cultivate a better parent-child relationship while also nurturing empathy, honesty, resilience, and independence. Greene makes a powerful case for rethinking typical approaches to parenting and disciplining children.

dr ross greene the explosive child: *Differently Wired* Deborah Reber, 2018-06-12 Today millions of kids are stuck in a world that doesn't respect, support, or embrace who they really are—these are what Deborah Reber is calling the “differently wired” kids, the one in five children with ADHD, dyslexia, Asperger's, giftedness, anxiety, sensory processing disorder, and other neurodifferences. Their challenges are many. But for the parents who love them, the challenges are just as hard—struggling to find the right school, the right therapist, the right parenting group while feeling isolated and harboring endless internal doubts about what's normal, what's not, and how to handle it all. But now there's hope. Written by Deborah Reber, a bestselling author and mother in the midst of an eye-opening journey with her son who is twice exceptional (he has ADHD, Asperger's, and is highly gifted), *Differently Wired* is a how-to, a manifesto, a book of wise advice, and the best kind of been-there, done-that companion. On the one hand it's a book of saying NO, and how it's time to say no to trying to fit your round-peg kid into society's square holes, no to educational and social systems that don't respect your child, no to the anxiety and fear that keep

parents stuck. And then it's a book of YES. By offering 18 paradigm shifts—what she calls “tilts”—Reber shows how to change everything. How to “Get Out of Isolation and Connect.” “Stop Fighting Who Your Child Is and Lean In.” “Let Go of What Others Think.” “Create a World Where Your Child Can Feel Secure.” “Find Your People (and Ditch the Rest).” “Help Your Kids Embrace Self-Discovery.” And through these alternative ways of being, discover how to stay open, pay attention, and become an exceptional parent to your exceptional child.

dr ross greene the explosive child: Emotion-Savvy Parenting Alissa Jerud, 2025-05-07 Intense emotions – whether your own or your child's – can make it incredibly difficult to be the parent you want to be. This book is designed to help you become a more emotionally agile parent so you can better navigate whatever emotional storms you inevitably encounter. Emotion-Savvy Parenting is an empowering, science-informed guide for breaking free of the hold that unwanted emotions so often have over parents. With compassion and wit, licensed clinical psychologist Dr. Alissa Jerud draws on decades of research to present a refreshing, theory-driven approach that encourages parents to focus on changing the only behaviors they truly have control over: their own. Rooted in highly effective, cognitive-behavioral strategies and a respectful, relationship-centered stance, her ART (Accept, Regulate, and Tolerate) framework enables parents to relate more skillfully to challenging emotions, model invaluable lessons, connect more deeply with their kids, and enjoy parenting more. Packed with real-life examples and step-by-step techniques, this book supports parents of infants to teens in creating a more harmonious home by becoming their ideal, most emotionally adept selves. It also serves as a valuable resource for educators and mental health professionals seeking to help lighten the heavy load of parenthood.

dr ross greene the explosive child: Discipline That Connects With Your Child's Heart Jim Jackson, Lynne Jackson, 2016-09-20 A Powerful Approach to Bringing God's Grace to Kids Did you know that the way we deal (or don't deal) with our kids' misbehavior shapes their beliefs about themselves, the world, and God? Therefore it's vital to connect with their hearts--not just their minds--amid the daily behavior battles. With warmth and grace, Jim and Lynne Jackson, founders of Connected Families, offer four tried-and-true keys to handling any behavioral issues with love, truth, and authority. You will learn practical ways to communicate messages of grace and truth, how to discipline in a way that motivates your child, and how to keep your relationship strong, not antagonistic. Discipline is more than just a short-term attempt to modify your child's actions--it's a long-term investment to help them build faith, wisdom, and character for life. When you discover a better path to discipline, you'll find a more well-behaved--and well-believed--kid.

dr ross greene the explosive child: Status and Social Comparisons Among Adolescents Carol Vidal, 2024-12-30 This insightful book examines the differences in the perception of social status and how they impact youth mental health and well-being. Looking at social status from a developmental perspective, the author explores the expansion of opportunities for social comparison and complex social hierarchies driven by social media use. Focusing on how social status is ever-present across species in the animal world, the book begins by exploring the biology of social status, the biological mechanisms by which it affects health, and how it presents in the spaces in which children and adolescents live e.g., schools, neighbourhoods, and cultures. Case studies of adolescents interviewed about social status are included, as well as a final chapter detailing specific steps to help minimise the effects of hierarchies on health and ways to approach social status differences. Bridging anthropological, economic, developmental, and psychological literature on children and adolescent social hierarchies, this book is an invaluable guide for parents, educators, and clinicians such as school counsellors, psychologists, pediatricians, pediatric psychiatrists, and other health care providers to better understand and support youth's behaviour. This will also be of interest for students studying Adolescent Health and Adolescent Development.

dr ross greene the explosive child: The Unwritten Rules of Friendship Eileen Kennedy-Moore, Natalie Madorsky Elman, 2008-12-21 This practical and compassionate handbook helps parents sharpen any child's social skills by identifying the unwritten rules that govern all relationships.

dr ross greene the explosive child: Raise Your Kids Without Raising Your Voice Sarah

Chana Radcliffe, 2007-09 Radcliffe shows parents how to eliminate yelling, criticism, and other unpleasant communications and foster a family-wide atmosphere of cooperation, closeness, love, and respect.

dr ross greene the explosive child: 9 Things Maggie Dent, 2018-12-01 It is easy in our fast-paced, competitive, consumer-driven world to forget that children are not mini-adults, projects to be managed or problems to be solved. This common-sense guide to parenting and caring for children under eight, reminds us that a child's development cannot be rushed, or crudely measured against milestones. It takes an entire childhood to grow and there is no perfect when it comes to parenting. In her informed, heartfelt way, one of Australia's favourite parenting authors Maggie Dent takes a comprehensive look at the 9 Things that truly matter in raising children, and why they matter so much. She uses the metaphor of a wise aunty, Wilma — a voice of ancient wisdom that seems to be disappearing amidst the chaos. With passion, warmth and humour, Maggie draws on current research and her extensive experience as an educator, counsellor and mother of four to guide parents and caregivers in their endless decision-making, to raise children who are happy, healthy, strong, kind and resilient. Commonly known as the 'queen of common sense', Maggie Dent has become one of Australia's favourite parenting authors and educators, with a particular interest in the early years, adolescence and resilience. Maggie's experience includes teaching, counselling, and working in palliative care/funeral services and suicide prevention. She is a dedicated advocate to quietly changing lives in our families and communities. She is the mother of four sons and a very grateful grandmother. Maggie is the author of 11 books including her 2018 release *Mothering Our Boys* which is already a bestseller.

dr ross greene the explosive child: The Sensory Child Gets Organized Carolyn Dalglish, 2013-09-03 The only book that teaches the parents of "sensory" kids how to organize and empower their children for greater success at home, at school, and in life. Silver Winner, National Parenting Publications Awards (NAPPA)—Parenting Resources Gold Honoree, Mom's Choice Awards—Parenting-Special and Exceptional Needs Every year, tens of thousands of young children are diagnosed with disorders that make it difficult for them to absorb the external world. Parents of sensory kids—like those with sensory processing disorder, anxiety disorder, AD/HD, autism, bipolar disorder, and OCD—often feel frustrated and overwhelmed, creating stress in everyday life for the whole family. Now, with *The Sensory Child Gets Organized*, there's help and hope. As a professional organizer and parent of a sensory child, Carolyn Dalglish knows firsthand the struggles parents face in trying to bring out the best in their rigid, anxious, or distracted children. She provides simple, effective solutions that help these kids thrive at home and in their day-to-day activities, and in this book you'll learn how to: -Understand what makes your sensory child tick -Create harmonious spaces through sensory organizing -Use structure and routines to connect with your child -Prepare your child for social and school experiences -Make travel a successful and fun-filled journey With *The Sensory Child Gets Organized*, parents get an easy-to-follow road map to success that makes life easier—and more fun—for your entire family.

dr ross greene the explosive child: Exceptional Life Journeys Jac Andrews, Peter Istvanffy, 2011-10-27 Most students in training to become teachers, psychologists, physicians, and social workers as well as many practicing professionals in these disciplines do not get the opportunity to fully understand and appreciate the circumstances of children, parents, and teachers who have had to cope and adapt to childhood disorder. Most professionals in the field of childhood disorders are well trained in assessment and treatment methods and are aware of the clinical, theoretical, and empirical foundations of the work they do. In their training, they get some experience in diagnosing the educational, psychological, social, and medical problems of children through their supervised clinical internships. In their training and in their professional practice they get to interview, discuss, consult and collaborate with children and their families regarding developmental issues and treatment plans, however, they rarely get an opportunity to fully realize and understand what it is like to have a disorder and what it is like to be a mother, or father, or teacher of children with disorders. This book provides an opportunity for students in training and professionals in the field to

gain some awareness of the life journeys of some exceptional children, their families and their teachers. Focuses on those childhood disorders that are most common or what are sometimes referred to as high incidence disorders such as learning disabilities, autism, behavior disorder, depression, and anxiety Beyond, a clinical, empirical, and theoretical description of childhood disorders or a personal account relative to one particular disorder, this book provides rich narratives of experience from multiple perspectives with respect to numerous childhood disorders Provides readers with insight by sharing examples of personal contexts and situations, significant life issues, challenges and barriers, successes, and recommendations relative to particular circumstances

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