

kyrie irving injury history

Kyrie Irving Injury History: A Journey Through Setbacks and Comebacks

kyrie irving injury history has been a significant part of the narrative surrounding one of the most talented point guards in the NBA. Known for his dazzling handles, clutch shooting, and ability to change the game in an instant, Irving's career has also been marked by a series of injuries that have impacted his playing time and performance. Understanding his injury background not only provides insight into his resilience but also sheds light on how injuries can shape the trajectory of professional athletes.

The Early Years: Rising Star with Early Challenges

Kyrie Irving burst onto the NBA scene as the number one overall pick in the 2011 NBA Draft. From the very beginning, his skill set was undeniable. However, his rookie season was not without setbacks. One of the earliest injuries that affected Irving was a fractured navicular bone in his left foot during the 2012-2013 season. This injury sidelined him for a significant period and required surgery, marking his first major professional hurdle.

Impact of the Navicular Bone Fracture

The navicular bone is a critical part of the midfoot that supports weight-bearing and movement. Injuries here can be tricky, as improper healing can lead to chronic pain or decreased mobility. For Irving, this injury meant missing almost half of the 2012-2013 season. The rehabilitation process was meticulous, involving both surgery and extensive physical therapy to restore his foot's strength and flexibility. This early injury foreshadowed how Irving would continually have to manage his body carefully to sustain his high level of play.

Mid-Career Injury Setbacks and Recovery

Following his early career injury, Kyrie Irving seemed to find his rhythm, culminating in a memorable 2016 NBA Championship win with the Cleveland Cavaliers. However, injuries continued to be a recurring theme throughout his career.

Knee Injuries and Their Effect on Performance

One of the most notable injuries in Irving's mid-career was a lateral meniscus tear in his right knee during the 2017-2018 season. This injury occurred during a game against the San Antonio Spurs and required arthroscopic surgery. Knee injuries are particularly concerning for basketball players, given the sport's demands for constant cutting, jumping, and quick directional changes.

Post-surgery, Irving missed a significant portion of the season, and when he returned, there were visible concerns about his mobility and explosiveness. Despite this, he managed to maintain a high level of play, though the injury seemed to have a lingering effect on his durability.

Hand Injury and Its Impact on Ball Handling

In addition to his foot and knee issues, Irving has also dealt with hand injuries. In January 2019, while playing for the Boston Celtics, he suffered a fractured right hand. This injury forced him to miss several weeks of the season, affecting his rhythm and ability to perform at his usual elite level. For a player whose game relies heavily on delicate ball handling and precise shooting, such an injury posed a significant challenge.

Recent Injury Concerns and Their Implications

In more recent seasons, Kyrie Irving's injury history has continued to be a focal point for fans, teams, and analysts alike. His time with the Brooklyn Nets has been punctuated by various physical setbacks that have raised questions about his long-term health and availability.

Calf Strain and Time on the Sidelines

During the 2021-2022 NBA season, Irving was sidelined with a calf strain. Calf injuries, while often underrated, can severely limit a player's explosiveness and mobility on the court. This injury kept him out for multiple games and was a source of frustration for both Irving and the Nets, as his presence is vital to their offensive flow.

Managing Injuries While Maintaining Elite Performance

What stands out about Kyrie Irving's injury history is not just the number or severity of injuries but how he has managed to continually return to form. His commitment to rehabilitation, strength training, and conditioning has been integral to his ability to bounce back. Moreover, the evolution of sports medicine and personalized training regimens has played a crucial role in extending his career despite these physical setbacks.

Insights into Kyrie Irving's Injury Management

Understanding how a player like Kyrie Irving handles injuries offers valuable lessons for athletes and fans alike. Injuries are an inevitable part of sports, but the approach to recovery and prevention can make all the difference.

Importance of Proper Rehabilitation

One key takeaway from Irving's injury history is the importance of not rushing back too soon. His navicular bone fracture and knee surgery both required patient, structured rehab programs. Returning to play prematurely can exacerbate injuries, leading to chronic issues. Irving's careful approach underscores the value of listening to medical advice and prioritizing long-term health over short-term gains.

Preventative Measures and Conditioning

Another critical aspect is the role of preventative conditioning. Strengthening muscles around vulnerable joints, improving flexibility, and maintaining overall fitness can reduce the risk of injury. Kyrie's dedication to training and maintaining peak physical condition is a testament to this philosophy. It's a reminder that elite performance is as much about preparation and care off the court as it is about skill during the game.

The Psychological Toll of Injuries

Injuries don't just affect the body; they take a mental toll as well. For a player like Kyrie Irving, known for his confidence and mental toughness, dealing with repeated injuries can be challenging.

Maintaining Confidence Through Setbacks

Repeated injuries can shake a player's confidence, especially when they interfere with performance or availability during critical moments. Irving has spoken openly about the mental challenges he faces during rehab and the importance of mindset in overcoming adversity. His ability to stay focused and motivated, despite these setbacks, highlights the resilience required to compete at the highest level.

Team Dynamics and Injury Recovery

Injuries also impact team chemistry and dynamics. When a key player like Irving is sidelined, teams must adjust their strategies and rotations. This can create pressure on the injured player to return quickly, sometimes before they are fully ready. Irving's careful management of his injury timeline reflects an understanding of the delicate balance between personal health and team needs.

Looking Ahead: What the Future Holds for Kyrie Irving

While Kyrie Irving's injury history is extensive, it's also a story of perseverance and adaptation. Advances in sports medicine, combined with his commitment to health, suggest that he can continue to perform at a high level for years to come.

Athletes and fans alike can learn from Irving's journey that injuries, while frustrating, do not define a career. How a player responds to those challenges often shapes their legacy as much as their natural talent. For Kyrie Irving, his injury history is one chapter in a larger story of skill, determination, and passion for the game of basketball.

Frequently Asked Questions

What types of injuries has Kyrie Irving experienced during his NBA career?

Kyrie Irving has experienced several injuries throughout his NBA career, including ankle sprains, knee injuries, and hamstring strains.

How many times has Kyrie Irving suffered an ankle injury?

Kyrie Irving has suffered multiple ankle injuries, with notable ones occurring in the 2016-2017 and 2019-2020 NBA seasons.

Did Kyrie Irving have any significant knee injuries?

Yes, Kyrie Irving underwent surgery for a knee injury in 2019, which caused him to miss a significant portion of the season.

How have Kyrie Irving's injuries affected his playing time?

Kyrie Irving's injuries have led to multiple missed games across several seasons, impacting his availability and consistency on the court.

Has Kyrie Irving ever missed an entire NBA season due to injury?

No, Kyrie Irving has not missed an entire NBA season due to injury, but he has missed substantial time during some seasons because of various injuries.

What is Kyrie Irving's current injury status?

As of the latest updates in 2024, Kyrie Irving is reported to be healthy and actively playing in the NBA.

How does Kyrie Irving manage his injury recovery?

Kyrie Irving follows professional rehabilitation programs, including physical therapy and strength training, to recover from injuries and maintain his performance.

Are Kyrie Irving's injuries related to his playing style?

Some analysts suggest that Kyrie Irving's quick and agile playing style may contribute to his

susceptibility to ankle and lower-body injuries.

Have Kyrie Irving's injuries impacted his career achievements?

While injuries have caused missed games, Kyrie Irving has still achieved significant milestones, including an NBA championship and multiple All-Star selections, showing resilience despite setbacks.

Additional Resources

Kyrie Irving Injury History: A Detailed Examination of the NBA Star's Physical Challenges

kyrie irving injury history has been a recurring topic among analysts, fans, and sports commentators ever since the NBA star began his professional career. Known for his dazzling ball-handling skills and clutch performances, Irving's talent has often been tempered by a series of injuries that have influenced his availability and, arguably, his overall impact on the court. Understanding the trajectory of his physical setbacks provides insight not only into his career but also into the complexities athletes face in maintaining peak performance amid the grueling demands of professional basketball.

Overview of Kyrie Irving's Injury Timeline

Since entering the NBA as the first overall pick in the 2011 Draft, Kyrie Irving's injury record has been marked by both acute injuries and lingering ailments. His injury history encompasses a range of issues from ankle sprains and knee surgeries to more severe setbacks such as fractures and muscle strains. These incidents have intermittently sidelined Irving, affecting his consistency and sometimes altering team dynamics—most notably during his tenure with the Cleveland Cavaliers and Brooklyn Nets.

Early Career Injuries: Establishing the Pattern

In the initial years of his NBA journey, Irving demonstrated resilience but also experienced several injuries that hinted at future challenges. His rookie season was relatively injury-free, allowing him to showcase his skill set effectively. However, starting around his second and third seasons, Irving began to encounter physical problems that would recur throughout his career.

One of the pivotal moments came in the 2015-2016 season when Irving suffered a fractured kneecap during a game against the Toronto Raptors. This injury was significant in both severity and timing, as it occurred during a period when Irving was cementing his status as a premier point guard. The fractured patella required surgery and a lengthy rehabilitation period, sidelining him for months and causing him to miss critical playoff games.

Recurring Ankle and Knee Issues

Ankles and knees have been the most vulnerable areas for Irving. He has dealt with multiple ankle sprains, which are common in basketball due to the sport's dynamic lateral movements and frequent jumping. These sprains often led to short-term absences but also contributed to a cautious approach in his gameplay, affecting his explosiveness and agility.

Knee problems have been more problematic. Apart from the fractured kneecap, Irving underwent surgery in 2017 to address a bone bruise and cartilage damage in his left knee. This procedure raised concerns about long-term durability, especially for a player whose game relies heavily on quick cuts and sharp direction changes.

Impact of Injuries on Performance and Team Dynamics

The interplay between Irving's injury history and his performance is complex. On one hand, his ability to return from injuries and perform at an elite level demonstrates remarkable physical and mental resilience. On the other, frequent injuries have limited his availability during crucial stretches of the NBA season, disrupting team chemistry and sometimes forcing coaches to adjust strategies.

Effect on Playing Time and Season Participation

Throughout his career, Kyrie Irving has missed significant portions of multiple seasons. For instance, during the 2017-2018 season with the Boston Celtics, Irving played only 60 games due to a combination of knee issues and other minor injuries. Comparatively, his healthiest seasons saw him appearing in over 70 games, highlighting the impact injuries have had on his overall contribution.

This inconsistency can influence team success, particularly in the playoffs where every game is pivotal. Teams relying on Irving's scoring and playmaking have had to adapt quickly when he was sidelined, sometimes resulting in strained rotations and reduced offensive efficiency.

Psychological and Physical Implications

Beyond the physical toll, recurring injuries can affect an athlete's confidence and playing style. For Irving, there have been observable shifts in how he approaches the game post-injury. Players often become more cautious to avoid re-injury, which can reduce aggressiveness or limit explosiveness. Moreover, the rigorous rehabilitation processes demand mental fortitude, as setbacks during recovery can be frustrating and demoralizing.

Comparative Analysis: Kyrie Irving Versus Other NBA Players

When contextualizing Kyrie Irving's injury history within the broader landscape of NBA athletes, several points emerge. Injuries are an unfortunate but common aspect of professional basketball, especially for players who rely on agility and speed. Compared to other elite point guards, Irving's injury frequency is notable but not unprecedented. For example:

- **Chris Paul** has also faced multiple injuries affecting his hamstrings and knees.
- **Russell Westbrook** has a history of ankle sprains and knee issues impacting his career longevity.
- **Stephen Curry** famously dealt with ankle injuries early in his career that nearly derailed his progress.

This comparison underscores the physical vulnerability of players with high usage rates and intense playing styles. However, Irving's injuries have sometimes been more severe or have occurred during critical moments, amplifying their impact on his career narrative.

Rehabilitation and Recovery Approaches

Irving's approach to injury management has evolved over time, incorporating advances in sports medicine and personalized training regimens. His rehabilitation from the fractured kneecap, for example, involved not only surgery but also tailored physical therapy aimed at restoring full function and preventing future complications.

Modern NBA programs emphasize injury prevention through strength conditioning, flexibility training, and load management. Irving's teams have increasingly adopted these strategies to mitigate risks, reflecting a broader trend in professional sports to extend athletes' careers and optimize performance.

Future Outlook and Injury Prevention Strategies

As Kyrie Irving continues his NBA career, managing his physical health remains paramount. Given his history, teams and medical staff are likely to maintain vigilant monitoring, integrating technology such as motion analysis and biometric tracking to identify early signs of stress or potential injury.

For Irving, adapting his training regime to prioritize joint health and muscular balance will be crucial. Emerging methods like cryotherapy, advanced physiotherapy techniques, and nutrition optimization are part of a comprehensive approach to sustain his athleticism.

Moreover, load management—strategically limiting minutes and games played—might be a tool to preserve his body over the long term. While this approach can sometimes frustrate fans eager to see their star on the court nightly, it reflects a growing understanding of the physical demands NBA players face.

Kyrie Irving's injury history is a testament to both the physical rigors of professional basketball and the resilience required to remain at the sport's highest level. His journey illustrates how injuries shape not only an athlete's availability but also their evolution and adaptation within a highly competitive environment. As Irving continues to navigate these challenges, his experience offers valuable lessons on balancing peak performance with long-term health in the NBA.

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kyrie irving injury history: Kyrie Irving Martin Gitlin, 2019-10-01 Perhaps no NBA player today is as exciting and yet enigmatic as Kyrie Irving. Martin Gitlin's biography chronicles Irving's brilliance on the court as a devastating one-on-one talent, examines the influence of his father, the untimely death of his mother, his growth as a basketball player in high school and college, and his journey in the NBA. Nicknamed the Isolation Assassin, Irving has earned the distinction as the most incredible isolation player in the league, outperforming rivals such as Stephen Curry and Russell Westbrook with his crossover dribble, drives to the basket, stop-and-go moves, and smooth, feathery jumpers, a distinction borne out, moreover, by his championship-clinching shot against Curry's Golden State Warriors in 2016. Yet while he speaks of maximizing his talent, he has shown reluctance to maximize the production of his teammates by passing the ball, as well as his overall defense. Irving expresses his desire to win championships yet demanded a trade away from the franchise best suited to deliver him a second. Off the court there is no one like Irving either. An educated individual who claims that the earth could be flat and that dinosaurs perhaps never existed, Irving is a man of puzzling contradictions who seeks self-actualization and contentment through a variety of pursuits, including reflection, music, and acting. Gitlin, a veteran writer who has followed Irving's career from the beginning, has much to tell about one of the most mysterious and sensational athletes of our time whose appeal transcends his sport.

kyrie irving injury history: 100 Athletes Who Shaped Sports History Russell Roberts, Timothy Jacobs, 2003-11-01 Epic athletes have been changing the game for a long time! Learn all about the fascinating lives and tremendous impact of 100 extraordinary athletes from around the world with this fact-filled biography collection for kids Educational and engaging, 100 Athletes Who Shaped Sports History features: Simple, easy-to-read text that has been freshly updated and includes figures like Misty Copeland, Tony Hawk, Michael Phelps, and Usain Bolt Illustrated portraits of each figure Fascinating facts and stats about athletes from dozens of different sports disciplines A timeline, trivia questions, project ideas and more! From Joe Louis to Gordie Howe, Arnold Palmer to Pelé, Michelle Kwan to Serena Williams and many more, readers will be introduced to sports legends throughout history. Organized chronologically, 100 Athletes Who Shaped Sports History offers a look at the incredible lives, record-breaking achievements, and remarkable dedication of athletes who have inspired countless fans all over the world.

kyrie irving injury history: Kyrie Irving Martha London, 2019-08-01 Kyrie Irving helped the Cleveland Cavaliers win their first National Basketball Association (NBA) championship and the national team bring home the gold at the Olympic Games in 2016. In 2011 at age 19, he was the first overall draft pick for the NBA. Now a star player for the Boston Celtics, he works hard on and off the court to connect with fans and to give back to the community. Learn how Irving made it to the NBA, how he trains for games, and more.

kyrie irving injury history: A History of the Nets Rick Laughland, 2022-07-11 Relive the Ups and Downs of the Storied Saga of the Nomadic Nets The Nets have led a wandering existence spanning over five decades. The team has been known as the New Jersey Americans, New York Nets,

New Jersey Nets and now Brooklyn Nets, while constantly relocating throughout the New York metropolitan area. Though often plagued by instability and futility, the franchise has celebrated iconic moments in the course of ABA and NBA history. Julius Erving's legendary play led the team to a pair of ABA titles in 1974 and 1976. The meteoric rise of European superstar Dražen Petrović followed by his tragic death in 1993 is etched into basketball fans' hearts worldwide. Jason Kidd's uncommon will steered New Jersey to back-to-back NBA Finals appearances in 2002 and 2003. An enlightening phone call from NBA commissioner David Stern in 1997 paved the way for the team's move to Brooklyn in 2012. Author Rick Laughland charts the brutal lows and exuberant highs throughout the history of the Nets.

kyrie irving injury history: Fantasy Sports Prospects 2016-2017 Bill Stonehem, 2016-07-28 Fantasy sports can be traced back to many years ago when sporting enthusiasts created their own leagues that are governed by their rules. These leagues are virtual and are rated based on the actual performance of the players. The popularity of the sport has grown over the years as the game has become more professional with the development of many more leagues. The growth of the leagues has been propelled due to the World Wide Web and receiving excellent coverage on channels such as ESPN, CBS, NBA and Yahoo! Fantasy Sports.

kyrie irving injury history: The 50 Greatest Players in Boston Celtics History Robert W. Cohen, 2023-10 This book ranks, from 1 to 50, the top 50 players in Boston Celtics team history, using as measuring sticks the degree to which they impacted the fortunes of the team, the extent to which they added to the Celtics legacy, and the levels of statistical compilation and overall dominance they attained while wearing a Celtics uniform.

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kyrie irving injury history: Tales from the Duke Blue Devils Locker Room Jim Sumner, 2016-10-04 The Duke Blue Devils have a long and glorious history of success, and that history comes alive in this newly revised edition of Tales from the Duke Blue Devils Locker Room. The Blue Devils' storied past includes forty NCAA tournament appearances, sixteen trips to the final four, and five national titles. In this treasure trove of Duke history, Jim Sumner recalls the most legendary games and unique players that have come to define this championship team. Read about the 1968 ACC Tournament, North Carolina's scoreless half at Duke in 1979, Duke's upset win over UNLV in the 1991 Final Four, and the 1992 Duke-Kentucky Eastern Regional classic. Duke University has been home to thirty-six All-American basketball players. Nine of them have been named national player of the year: Dick Groat, Art Heyman, Johnny Dawkins, Danny Ferry, Christian Laettner, Elton Brand, Shane Battier, Jason Williams, and J. J. Redick. Their tales are included here along with stories from Duke coaching legends Eddie Cameron, Vic Bubas, Bill Foster, and Mike Krzyzewski. This is a must-read for any fan of Duke basketball. Skyhorse Publishing, as well as our Sports Publishing imprint, are proud to publish a broad range of books for readers interested in sports—books about baseball, pro football, college football, pro and college basketball, hockey, or soccer, we have a book about your sport or your team. Whether you are a New York Yankees fan or hail from Red Sox nation; whether you are a die-hard Green Bay Packers or Dallas Cowboys fan; whether you root for the Kentucky Wildcats, Louisville Cardinals, UCLA Bruins, or Kansas Jayhawks; whether you route for the Boston Bruins, Toronto Maple Leafs, Montreal Canadiens, or Los Angeles Kings; we have a book for you. While not every title we publish becomes a New York Times bestseller or a national bestseller, we are committed to publishing books on subjects that are sometimes overlooked by

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kyrie irving injury history: *A History of Basketball in Fifteen Sneakers* Russ Bengtson, 2023-10-10 A celebration of the iconic shoes and superstars who have defined the sport for decades, *A History of Basketball in Fifteen Sneakers* tells the story of hoops as only shoes can. The ultimate book for both hoops fans and sneaker obsessives, *A History of Basketball in Fifteen Sneakers* is an exciting and fascinating look at the sport written with authority and experience by former *Complex* and *SLAM* magazine editor Russ Bengtson. From primeval Converse Chuck Taylor All Stars to baroque Reebok Pumps and myth-making Air Jordans to super-high-tech Nike Adapt BBs, each chapter breaks down how a specific sneaker defined an era of basketball, transformed the culture, or changed the game. With full-color sneaker photographs and detailed illustrations throughout, the book is a kaleidoscopic celebration of the players, styles, and iconic moments that have shaped hoops both on and off the court. Topics include: Walt Frazier's PUMA Clydes and the New York City street game; Michael Jordan's first signature Air Jordan and the birth of the modern global basketball superstar; Nike Air Swoopes and the evolution of the women's game; sneaker tech and the rise of retro; and much more.

kyrie irving injury history: *Weird Moments in Cleveland Sports* Vince Guerrieri, 2022-11-01 Cleveland sports fans: If you can't laugh about it, what else are you gonna do? Cleveland sports teams have set records for futility in baseball, football, and basketball. But even beyond that, Cleveland sports fans have witnessed more than their share of weird, wild, random, and odd occurrences, from front office ineptitude to absurd losses to bizarre injuries and more. Like the Cavs player who accidentally scored a layup in the wrong basket (and another who shot at his own basket on purpose) ... The testy Tribe manager who got into a fight during an exhibition game with the Triple-A farm team ... The Browns owner who took advice from a random stranger on the street and blew a first-round draft pick on "Johnny Football" ... The rookie pitcher shot in the leg while riding on the team bus wearing a cheerleader outfit and go-go boots ... The team owner once called "the dumbest man in pro sports" ... One Browns star whose season-ending injury came while popping a wheelie and another whose eye was nearly put out by a referee's flag ... The Indians player who was traded for himself ... A victory owed to a timely swarm of insects ... The Cavaliers' first draft, planned using bubble-gum cards ... When Tribe mascot Slider fell off the outfield wall into live action during a playoff game ... Phew! And we're just getting started. (We haven't even mentioned 10-Cent Beer Night yet.) If you're a Cleveland sports fan, you'll enjoy this offbeat collection.

kyrie irving injury history: *Epic Athletes: Stephen Curry* Dan Wetzel, 2019-05-14 In *Epic Athletes: Stephen Curry*, acclaimed journalist and bestselling author Dan Wetzel tells the inspiring, electrifying story of the NBA superstar, beginning a new series of sports biographies for young readers! Featuring comic-style illustrations by Zeke Peña! When you think of Stephen Curry, one word comes to mind: greatness. From shooting three-pointers with laser precision to his clutch ability to hit buzzer-beaters time and again, he has established himself as one of the best players in pro basketball. But greatness was never a guarantee for Steph. The son of a talented NBA player, he dreamed of one day playing professionally just like his dad. Yet Steph, who was always smaller and weaker than the competition, was told over and over that he would never be talented enough to be a college star or NBA player--let alone the MVP of the entire league. Through tenacity and hard work, he proved them all wrong and went on to dismantle the record books. With the high energy of a TV commentator, and featuring dynamic comic-style illustrations, this engaging biography tells the story of an NBA All-Star and the path he took to achieve his dreams. * Wetzel knows how to organize the facts and tell a good story. . . an unusually informative and enjoyable sports biography for young

readers. —Booklist (starred review) A Junior Library Guild selection!

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Johnny Moore, 2015-11-01 Perfect for Duke fans who think they already know everything 100 Things Duke Fans Should Know & Do Before They Die is the ultimate resource guide for true fans of the Blue Devils. Whether you're a die-hard booster from the days of Mike Gminski or a new supporter of Jahlil Okafor, these are the 100 things all fans needs to know and do in their lifetime. It lists figures from the Vic Bubas era to the current Coach K era—with stories on each of his four national championships and the players involved. The book also features the places all Duke fans needs to visit, such as the Angus Barn, and provides background on the university, including how it was founded and what makes the famed chapel such a special structure. Every essential piece of Blue Devils knowledge and trivia is here, as well as must-do activities, and ranks them all from 1 to 100, providing an entertaining and easy-to-follow checklist as you progress on your way to fan superstardom.

kyrie irving injury history: Epic Athletes: Tom Brady Dan Wetzel, 2019-08-06 Bestselling

author Dan Wetzel delivers an action-packed biography of the legendary quarterback and Super Bowl champ in Epic Athletes: Tom Brady. Featuring comic-style illustrations by Kazimir Lee Iskander! Throughout over two decades, Tom Brady has led his teams to seven Super Bowl championships and earned three Most Valuable Player Awards, arguably cementing his status as the greatest quarterback of all time. From the moment Tom Brady stepped on the NFL gridiron, pro football was forever changed. A star, a legend, a future hall-of-famer was born. Over the years, he mounted comeback after comeback win, finding the open man for a touchdown just when victory seemed out of reach. In this inspirational biography of a living legend, acclaimed sports writer and bestselling author Dan Wetzel chronicles Tom Brady's rise from a backup quarterback at the University of Michigan to an MVP on the biggest stage in sports--the Super Bowl. This fantastic biography also includes vibrant comic-style interior illustrations. Praise for Epic Athletes * An unusually informative and enjoyable sports biography for young readers. —Booklist, starred review for Epic Athletes: Stephen Curry

kyrie irving injury history: Return of the King Brian Windhorst, Dave McMenamin, 2017-04-11

In this New York Times bestseller, get the inside scoop into LeBron James's return -- and ultimate triumph -- in Cleveland. What really happened when LeBron James stunned the NBA by leaving a potential dynasty in Miami to come home to play with the Cleveland Cavaliers? How did the Cavs use secret meetings to put together the deal to add star Kevin Love? Who really made the controversial decision to fire coach David Blatt when the team was in first place? Where did the greatest comeback in NBA history truly begin-and end? Return of the King takes you onto the private planes, inside the locker-room conversations, and into the middle of the intense huddles where one of the greatest stories in basketball history took place, resulting in the Cavs winning the 2016 NBA title after trailing the Golden State Warriors three games to one. You'll hear from all the characters involved: the players, the executives, the agents, and the owners as they reveal stories never before told. Get the background on all the controversies, the rivalries, and the bad blood from two reporters who were there for every day, plot twist, and social media snafu as they take you through the fascinating ride that culminated in a heart-stopping Game Seven.

kyrie irving injury history: Raise Your Game Alan Stein Jr., Jon Sternfeld, 2019-01-08

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winning mindset, and progress into new levels of success.

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kyrie irving injury history: All In Vince McKee, 2016-10-18 The Cleveland Cavaliers franchise has been in existence for more than forty-five years, and it hasn't been an easy ride for the team or their fans, with many ups and downs along the way. They had seen the "Miracle in Richfield" in 1976, "The Shot" by Michael Jordan to knock them out of the playoffs in 1989, the arrival of "The Chosen One," LeBron James, in 2003, and a trip to the NBA Finals in 2007, but never a title. All In: The Story of LeBron James and the 2016 NBA Champion Cleveland Cavaliers takes readers on the rollercoaster ride from LeBron coming back to Cleveland, to their 2015 NBA Finals appearance, through the unforgettable 2015-16 season that gave the city of Cleveland their first major sports championship in fifty-two years. Author Vince McKee brings to life all the drama on and off the court, including how the team was built, why coach David Blatt was fired and replaced by Tyronn Lue midway through the season, and every big game and play along the way, straight through to the dramatic 2016 NBA Finals and epic comeback against the seemingly unbeatable Golden State Warriors. LeBron James finally earned his long-awaited redemption, Kevin Love made his presence felt under the boards, Kyrie Irving took to the NBA's biggest stage and made it his own under the brightest of lights, and J. R. Smith, Tristan Thompson, Richard Jefferson, and Iman Shumpert all made key contributions. All In is a must-have for all Cleveland sports fans!

kyrie irving injury history: **LeBron James** The New York Times Editorial Staff, 2019-07-15 Whether you know him as King James or The Chosen One, LeBron James is one of the most famous N.B.A. players of all time. His nicknames, acquired early during his high school career, spoke of future greatness. James entered the N.B.A. at 18 years old with the Cleveland Cavaliers, launching a career that would see James excel. The first major upset came when James began to make career changes as a free agent. He lost a large number of fans, but the manner in which he addressed his choices made him who he is today: one of the best basketball players in the nation. Readers follow James's journey from the Cavaliers to the Miami Heat to the Lakers, and will examine the reporting of his career with the help of media literacy terms and questions.

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